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## Swindon Healthy Schools Newsletter



**'Children and Young People Deserve the Best Start in Life'**

[www.swindonhealthyschools.org](http://www.swindonhealthyschools.org)

July 2010

Welcome to our final newsletter of Academic Year 2009/10. We have had another successful year in Swindon Healthy Schools.

We would like to congratulate the following schools who have all achieved National Healthy School Status:

- Swindon Academy
- Drove Primary School
- Isambard School

Well done to the following schools who have completed their Annual Review:

- Gorse Hill Infant
- Red Oaks Primary
- Uplands
- St Francis Primary

We have reached our target of 50% of schools participating in the South West [Healthy Schools Plus Pilot](#), making us the top achieving Healthy Schools Programme in the South West.

You will soon be able to read more about the work schools are doing as we will be developing case studies over the summer.

Finally, we would like to wish you a very pleasant and relaxing summer break and look forward to working with you in the Autumn.

Please visit our website for latest news, resources and much more – [www.swindonhealthyschools.org](http://www.swindonhealthyschools.org).

**Angela Milliken**  
**Healthy Schools Programme Manager**

### Have Your Say

We have created a “Schools” area on our website that will be all about Swindon schools and what they are doing.

If you would like to share information about your school, good news stories etc. please contact us. We would like to set up links to your own school website from this area.

The Swindon Healthy Schools website is your resource, so please let us know what would be useful. Contact: [sgill@swindon.gov.uk](mailto:sgill@swindon.gov.uk).

### Anti-Bullying Week



Anti-Bullying week is 15<sup>th</sup> – 19<sup>th</sup> November 2010. The Theme this year is **'Taking**

**Action Together'**. The campaign extends the idea of the Bystander theme from the child who watches while bullying is happening, to include the adult who turns a blind eye, the parent who doesn't know how to help, and the school and community that don't take action to tackle bullying.

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To find out more information visit the Anti-Bullying Alliance Website [www.anti-bullyingalliance.org.uk](http://www.anti-bullyingalliance.org.uk)

### The Life Education Centre - Update



The Life Education Centre is now running in a new way. You can book it through contacting Surbjit Gill email: [sgill@swindon.gov.uk](mailto:sgill@swindon.gov.uk) or tel: 01793 464675 or wait for us to contact you when the classroom is in your

area. There is a charge of £150.00 per day but we will accommodate half days.

### New SRE Resource Lists

To help you find out about the SRE resources that others are using across the country, the Sex Education Forum have put together up-to-date lists of resources for primary level, secondary level, special needs and disability and parents and carers. These can be downloaded free of charge from the Sex Education Forum website.

[www.ncb.org.uk/sef/resources/resources\\_for\\_sre.aspx](http://www.ncb.org.uk/sef/resources/resources_for_sre.aspx)

### **NICE Public Health Guidance: Personal, Social, Health and Economic (PSHE) Education focusing on Sex and Relationships Education and Alcohol**

This draft guidance from the National Institute of Clinical Excellence (NICE) focuses on two PSHE education topics - sex and relationships and alcohol, and the links between them - within schools, colleges and in the wider community. It also takes into

## Healthwise

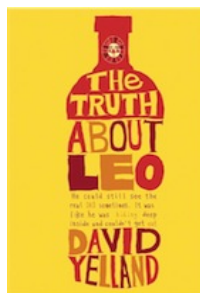
account the need to promote inclusion and to reduce health inequalities. [Read more.](#)

### Alcohol Film for Keystage 1 & 2

BBC Newsround have made an excellent film exploring the impact on children and young people of alcohol use, including the drinking in the family and dependency, effects on the body and behaviour. [Read more and watch the film.](#)

### Recommended book for Children on Alcohol

“The Truth About Leo by David Yelland”. Leo’s dad has changed. Since Mum died, his drinking is worse and now he’s a different



person; someone Leo doesn’t recognise. The truth is that Leo is covering up for him and when things get bad Leo escapes into his own head, pretending everything’s OK. Things need to change, but what can Leo do?

[Read more.](#)

### Ordering FRANK leaflets for Schools

The Frank “The Truth About Drugs” leaflets, suitable for Year 8 – 11 are currently available free of charge from the Department of Health by calling telephone number 0300 1231002.

### Healthy Schools Team

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