



www.healthyweight4children.org.uk

Launch date: 11 December 2008

The South West Public Health Observatory (SWPHO) is building a website to provide information about evidence-based practice and evaluation of interventions to promote healthy weight in children up to 18 years. This will cover lifestyle, diet and physical activity. The aim of the hub is to:

- bring people together and enable discussion;
- share resources and experience;
- raise awareness;
- create a 'grass roots' network (as opposed to a top-down approach).

The website will include:

- a searchable database of obesity intervention and healthy weight promotion projects;
- a networking area with discussions around key issues;
- data sets, intelligence tools and analysis;
- information for parents;
- guidance on evaluating interventions;
- Information on active travel interventions;
- news and events listings;
- links to useful regional, national and international resources.



The Healthy Weight for Children Hub is part of a larger project, 'Targeted interventions for Child Weight Management', managed by the Government Office for the South West and funded by the Chief Medical Officer.