

Tranquillisers

(benzodiazepines)

LEGAL STATUS:

Prescription-only medicines

CLASS  without a prescription

OTHER NAMES/SLANG:

Huge range including: Valium, Librium, Ativan, Temazepam, tranx, tems, eggs, jellies, bennies.

USUALLY FOUND AS:

Pills, capsules.

HOW IT'S TAKEN:

Swallowed as pills or capsules, injected or used as suppositories.

SIGNS OF POSSIBLE USE:

Tablets or capsules that you don't recognise.

EFFECTS ON USER:

They relieve tension and anxiety and help relaxation. Drowsiness, lack of co-ordination and sleepiness can be among the downsides. These drugs have been used in cases of date rape e.g. Rohypnol.

Worth knowing...

- Tranquillisers are prescribed by doctors to treat anxiety and insomnia
- Withdrawing from tranquillisers should only be done under medical supervision
- Mixing these drugs with alcohol is dangerous and could be fatal
- It is illegal to possess them without a prescription
- Thefts from pharmacies and wholesalers, and selling on by legitimate users are the main sources of illegal tranquillisers
- Illegal selling of tranquillisers is becoming increasingly common.



Actual size

