

GHB

(Gammahydroxybutyrate)

**LEGAL STATUS: Illegal
CLASS C**

OTHER NAMES/SLANG:

GBH, liquid ecstasy.

USUALLY FOUND AS:

Odourless liquid in small bottles or capsules. Sometimes (but more rarely) comes in powder form.

HOW IT'S TAKEN:

Drunk by the capful or swallowed as a capsule or powder.

SIGNS OF POSSIBLE USE:

Liquids, capsules or powder that you don't recognise. Tastes slightly salty.

EFFECTS ON USER:

Makes users feel happy, sensual and uninhibited. As more is taken, it acts like a sedative or downer and creates sleepiness. Disorientation, sickness, and numb muscles can also be experienced. Excessive use can cause a fit or seizure.

Worth knowing...

- GHB has been identified as one of the substances used in 'date rape'
- It can be fatal if it is mixed with alcohol or other drugs
- You can become physically dependent on high doses.

