



NEW HEALTHY SCHOOLS AWARD

Bronze Level



To become a **Bronze Level** Swindon Healthy School you will need to complete the Healthy Schools audit which will be assessed to see if all standards are being met. Once the audit is completed and achieved it is then valid for three years.

This audit enables schools to have:

A Whole School approach with initiatives and projects

Raise the profile of PSHE

Healthy Weight programmes (incorporating Healthy Eating and Physical Activity)

Address Emotional Health and Wellbeing of staff and pupils.

At bronze level schools receive:

A one day introductory training course

A half day progress support meeting

Access to the online audit

Telephone and email support from the Healthy Schools lead

Invitation to a celebration event to highlight their success

Permission to use the Swindon Healthy Schools logo

Dated 'Swindon Healthy Schools bronze level' certificate.

As the school continues to review the online audit, they can identify areas they would like to develop further and devise a simple action plan. Evidence from the action plan can be used for the next round of assessment when the award is due for renewal.



HEALTHY SCHOOLS AWARD



Silver Level

After the three year period, the Healthy schools status expires and is due renewal. (Schools can continue as they are, but still meeting the needs of the audit, so they can receive another **Bronze Star**.)

However, to reach the next level, which is the **Silver Level**, it is essential schools are continuing to meet the standards on the initial audit, but to **a good and outstanding level**. They are also required to **carry out some focused health and wellbeing interventions to make measurable changes to the health behaviours of children and young people**. eg tackling obesity in school by measuring the impact of physical activity and a change in diet of young people. **Schools are requested to demonstrate evidence of need by using in-house or local health data**; they are also required to consider how they will **ensure maximum engagement of pupils from vulnerable groups**. To address the issues schools will need to set targets to achieve within the three years of commencement.

The school will continue to receive all the support as they did for the previous award but with more publicity in school newsletters and within the local community.

Schools cannot access the silver level independently; but will work through the silver level and gain accreditation with the support of the Healthy Schools Programme Lead.



HEALTHY SCHOOLS AWARD



Gold Level



The final **Gold Level** needs to achieve the criteria of the previous awards plus demonstrate an on-going commitment to health and wellbeing for both pupils and staff.

Schools will be able to highlight their sustained involvement with other health related initiatives or quality marks. Schools can also make reference to any other health and wellbeing projects they have devised themselves in response to identified needs of children and young people.

To achieve gold level schools must also be able to demonstrate that they have supported other local schools with their Healthy Schools work or some aspect of health and wellbeing. In addition to this they will need to show evidence of how they comply with the workplace wellbeing charter for employees.

This award is also valid for three years and in order to sustain this accreditation, schools need to continue at this level at the next assessment, otherwise they can drop back to either the **Silver** or **Bronze** level.