



## NEW HEALTHY SCHOOLS AWARD

### Bronze Level



To become a **Bronze Level** Swindon Healthy School you will need to complete the Healthy Schools audit which will be assessed to see if all standards are being met. Once the audit is completed and achieved it is then valid for three years.

This audit enables schools to have:

*A Whole School approach with initiatives and projects*

*Raise the profile of PSHE*

*Healthy Weight programmes (incorporating Healthy Eating and Physical Activity)*

*Address Emotional Health and Wellbeing of staff and pupils.*

At bronze level, schools receive:

*An introductory training course*

*Progress support meeting*

*Access to the online audit*

*Telephone and email support from the Healthy Schools lead*

*Permission to use the Swindon Healthy Schools logo*

*Dated 'Swindon Healthy Schools bronze level' certificate.*

As the school continues to review the online audit, they can identify areas that can be developed further and devise a simple action plan. Evidence from the action plan can be used for the next round of assessment when the award is due for renewal.



## HEALTHY SCHOOLS AWARD



### Silver Level



After the three year period, the Healthy schools status expires and is due renewal. (Schools can continue as they are, but still meeting the needs of the audit, so they can receive another **Bronze Star**.)

However, to reach the next level, which is the **Silver Level**, it is essential schools are continuing to meet the standards on the initial audit, to ***a good and outstanding level***. They are also required to ***carry out a focused health and wellbeing intervention to make measurable changes for health behaviours of children and young people***, for example: tackling obesity in school by measuring the impact of physical activity and a change in diet of young people. ***Schools are requested to demonstrate evidence of need by using in-house or local health data***; they are also required to consider how they will ***ensure maximum engagement of pupils from vulnerable groups***. To address the issues schools will need to set targets to achieve within the three years of commencement.

The school will continue to receive all the support as they did for the previous award but with more publicity in school newsletters and within the local community.

Schools cannot access the silver level independently; but will work through the silver level criteria and gain accreditation with the support of the Healthy Schools Programme Lead.



## HEALTHY SCHOOLS AWARD



### Gold Level



The final **Gold Level** needs to achieve the criteria of the previous two awards, plus demonstrate an on-going commitment to health and wellbeing **for both pupils and staff**.

Schools will be able to highlight their sustained involvement with other health related initiatives or quality marks. Schools can also make reference to any other health and wellbeing projects they have devised themselves in response to identified needs of children and young people.

To achieve the gold level schools must also be able to **demonstrate they are continuously making a difference to the health and wellbeing of young children in line with local and national needs**; they need to **support other local schools with their Healthy Schools work** or any other aspect of health and wellbeing. In addition to this they will need to **show evidence of how they comply with the workplace wellbeing charter for employees**.

This award is also valid for three years and in order to sustain this accreditation, schools need to continue at this level at the next assessment, otherwise they can drop back to either the **Silver** or **Bronze** level.