

## Healthy Schools Award Criteria - Tick List

### GOLD AWARD

Not Started   Working Towards   Good   Outstanding

#### **Section 1**

- Do you consider to be a healthy school?
- Is there a commitment to health and wellbeing in the school vision, prospectus or website?
- Is the well being of staff and pupils explicit?
- Can the school access data or background information about the health needs of the school community?
- Does the school ethos support the wellbeing in the school community?
- Does the physical environment contribute wellbeing?
- Are governors fully involved in wellbeing matters?
- Does the school have a Healthy Schools co-ordinator?
- Is Healthy schools a whole school project and involve all staff and students?
- Is healthy schools publicised widely in the community?
- Are parents and pupils consulted and engaged in major decisions of health and wellbeing?
- Do parents and pupils know where to go for appropriate support services?

#### **Section 2**

- Does the school have a PHSE co-ordinator?
- Is PHSE part of the school curriculum?
- Are the PHSE SOW reviewed frequently?
- Are the following topics included in the SOW:
  - Relationships and Sex Education?
  - Alcohol, Drugs and Smoking?
  - Hygiene?
  - Maintaining a healthy life style?
  - Personal safety including:
    - Road safety
    - Fire safety
    - Safety on a building site
    - Rail safety
    - Safety in the sun
    - Internet safety
    - Anti - Bullying
    - Emergency life saving

How are EHWP and key life skills addressed?  
Are external agencies / guest speakers used to deliver the PHSE programme?  
Is the PHSE programme planned in accordance to the needs of the students?  
Is the impact of the PHSE programme assessed?  
Are parents and carers consulted about the PHSE programme?  
Have teaching staff received training to deliver the PHSE programme?

### **Section 3**

Does someone have overall responsibility for healthy eating in school?  
Do students learn about food, cooking and healthy eating?  
Are there any opportunities for students to grow food?  
Are students offered school meals?  
Are school meals cooked on site?  
Do the school meals meet the Food trusts nutritional guidelines?  
Are the school meals monitored by school governors or the SLT?  
Does anyone in the wider community, including parents have influence around school meals?  
Is water freely available to staff, pupils and visitors to the school?  
Do students understand the importance of staying hydrated?  
Does the school have a snacks policy  
Does the school have a snacks policy?  
Does the school have a packed lunch contents policy?  
Is there a whole school healthy eating policy?  
Is there a whole school food policy?

### **Section 4**

Does someone have overall responsibility for Physical Activity?  
Do pupils get the recommended hours of high quality PE?  
Does the PE curriculum / PA cater for the needs of all pupils?  
Does the school provide after school PA clubs?  
Are pupils consulted about the clubs?  
Does the school cater for pupils to access

clubs and activities off site?

Is the attendance and regularity of pupils attending clubs monitored?

Are students encouraged to travel actively to school?

Is there an up to date school travel plan?

Are staff trained to teach PE and PA?

Are parents / Carers encouraged to support with clubs and activities?

Is safeguarding considered when involving external helpers with PA?

## **Section 5**

Does someone have overall responsibility for EHWP?

Does someone have overall responsibility for vulnerable students?

Do vulnerable students get supported?

Is there a process to monitor young carers?

Do parents/carers of vulnerable students get supported?

Is there support available for staff, students and families in time of bereavement?

Is there a safeguarding policy in place?

Is there a safeguarding information in the Induction pack for new staff, supply teachers and governors?

Does the school have clear guidance on confidentiality and is this shared with parents visitors, pupils and staff?

Does the school support the wellbeing and a positive work life balance for staff?

Does the school celebrate pupils achievement?

Does the curriculum include lessons to enhance pupils well being?

Are there other opportunities to help pupils build self esteem and confidence?

Is there a shared and consistent behaviour policy, which includes rewards and sanctions?

Are parents and carers aware of the policy?

Do pupils understand the anti bullying policy?

Is bullying discussed and dealt with openly in school?

Do staff and governors receive pastoral, safeguarding and wellbeing training?

## **Section 6**

Are all the school policies in place?

Relationships and Sex education

Safeguarding (including CP)  
Confidentiality (part of safeguarding)  
Behaviour and Discipline  
Anti bullying  
Inclusion / SEN  
PHSE  
Drugs and Alcohol  
Sun safety / Environment  
School Food Policy  
Including Tuck and lunch box  
Physical Activity (not just PE)  
School Travel plan  
Visitors to school

**Developments since achieving Silver Award** (*How have you continued to support and improve the wellbeing of your school?*)

**Whole school initiatives since Silver Award** (*Which Health and wellbeing whole school, targeted and evidence based initiatives have you implemented?*)

**What has been the impact of the new work you have been doing?** (*A measurable and evidence based impact on staff and pupils?*)

**What Support/ Training have you provided to other schools in the area?** (*support in completing the HS award?*)

**How are you supporting the HWB for your staff?** (*Other than PPA time, or time off for personal matters - evidence based?*)

**What Evidence and impact has there been on staff performance, retention and recruitment?**

**Since working with Healthy schools what improvements and developments have been made at your school,**

**PLEASE PROVIDE EVIDENCE OF THESE STANDARDS USING THE APPROPRIATE PAPERWORK.**







*of pupils in your school since the last accreditation- (this could be targetted group))*

*raised projects have you completed since the silver award)*

*t)*

*rd or supporting with implementing a HWB project)*

*ence based intitatives to provide a healthy work life balance)*

**how do you plan to sustain this in the future?**