



Senior Mental Health Leads Training

**DFE approved course developed in collaboration by
B&NES, Swindon and Wiltshire**

The Department for Education (DfE) is offering every school / college in England a grant to train a senior mental health lead in their setting. The lead will develop or introduce a sustainable whole school /college approach to mental health and wellbeing. Taking a coordinated evidence-informed approach to mental health and wellbeing can improve pupil emotional wellbeing and a readiness to learn.

The content of this course aligns with national guidance [Promoting children and young people's emotional health and wellbeing](#) . Which is a whole school / college approach developed by Public Health England and the Children and Young People's Mental Health Coalition. It will also assist in meeting the requirements of the Statutory RSHE curriculum and address sections of the Ofsted Framework. The course follows Swindon's principles of trauma informed and restorative practices and will promote an understanding of locally provided mental health initiatives.

B&NES, Swindon and Wiltshire Councils will provide a local training offer for schools in the CCG area to access the training from autumn 2021. Two training dates will be offered:

2021

Session 1 – Full Day – Wednesday 10th November 2021
Online 9am – 4:30pm

Session 2 – Half Day follow up – Wednesday 23rd March 2022
Online 9am – 12:30pm

2022

Session 1 – Full Day – Thursday 20th January 2022
Online 9am – 4:30pm

Session 2 – Half Day follow up – Thursday 23rd June 2022

Course Content:

- Understood the role of the Senior Mental Health Lead
- Explored personal attitudes and values and examined local data
- Identified those issues pertinent to the pupils in your school and be able to plan to meet these
- Gained confidence to embed a whole school approach to mental health in school
- Understand the principles of trauma informed and restorative practices.
- Understood the provisions and services within Swindon.
- Know where to seek additional support within Swindon.

Course Cost: Schools across BSW will be charged £160 for the full course offer. This cost will be fully covered through the DfE grant offer of £1200.

Further details contact: Srai@swindon.gov.uk or
Swindonhealthyschool@swindon.gov.uk

