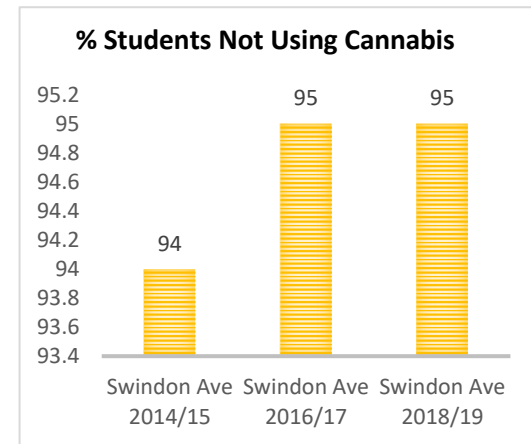
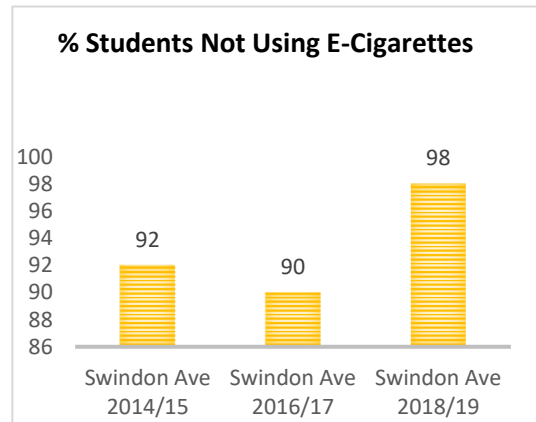
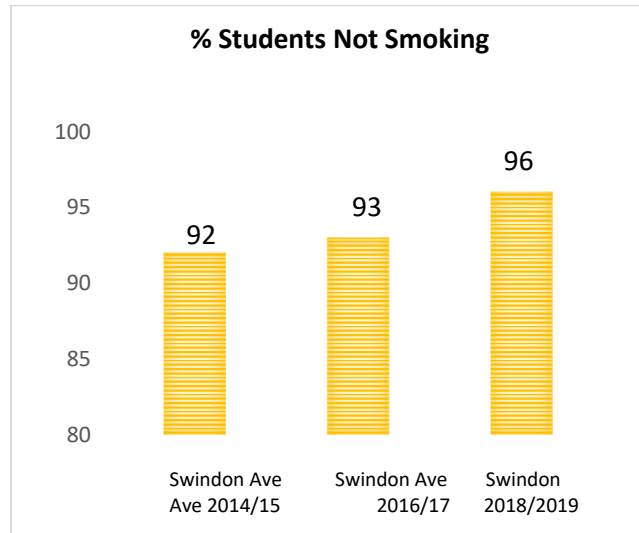


"How Are You?" Year 11 Population Findings Level of risk-taking behaviour and perception - December 2019

Over the past three academic years Swindon Healthy Schools has surveyed students as they moved through secondary school from year 9 to year 11. The purpose of the anonymous, on-line surveys has been to gain insight to young peoples' behaviours in relation to a range of lifestyle choices and health related areas.

Information gathered over the three surveys aims to identify the extent of behaviour and/or perception change as students get older. There has also been an opportunity to collect data on specific topic areas that may have come to light since the inception of this project. For example; the first two surveys included questions on illegal drug uses -other than cannabis.

All Swindon secondary schools were contacted and asked to encourage their year 11 students to complete the "How Are You?" on-line survey. The majority of students (71%) were 16 years old at the time of completion with 29% being 16 years old. The data below is just focusing on how young people have reduced uptake of smoking, E-cigarettes and Cannabis use over the last three years.



[The full report can be seen here.](#)

