

## Theme: **HEALTH** Vaping (Ages 9-11)



### Safeguarding

This topic should not be particularly sensitive or controversial; however, some children may come from households with family members who smoke or vape.

The ground rules on Slide 1 should be reinforced throughout the lesson. If you don't already have one, it is a good idea to have a 'Tell Me Anything' box in the classroom where children can post any concerns or questions during or after the lesson.

### Learning intentions

- I know that vapes might be harmful.
- I can keep myself safe if someone offers me a vape.

### Resources you will need

Paper or note books  
PowerPoint Slides  
Video

### Wordbank

**Main theme**



**Connects to**



Keeping safe on and offline



Health



Emotional & mental health

Relationships

Future choices & money



Skills, values & responsibilities



## Activity notes

**These activities should take approximately 40-60 minutes, depending on the amount of discussion.**

Begin by sharing the ground rules on PowerPoint Slide 1 and learning challenges on slide 2.

**Facilitation notes are under the slides.**

**Activity 1 (10 minutes): Risk Continuum** Slide 3

**Explanation.** Baseline knowledge, discussion, introduction of topic.

**Activity 2 (10-15 minutes): True/False quiz** Slides 4-14 **VIDEO AVAILABLE**

**Explanation:** A range of options to encourage further discussion and learning about the topic. Teachers can decide whether to use the video, slides, true/false statements below or a combination.

**Activity 3 (10-15 minutes): Vaping debate** Slides 15-18

**Explanation:** Pupils discuss whether vapes should be prescription only and also consider the actions of big tobacco companies and the tactics used to promote vapes to young people. Vote at end. Word bank available to support discussion and writing sentences.

**(If quality has been compromised when the video has been embedded, you can use the vimeo link under the slide and paste to your browser).**

**NOTE:** There are additional teacher notes under the PowerPoint slides.

### Extension Activity

Example of extension: Activity 3. Challenge each group to suggest a further example of how big organisations use clever marketing tactics to promote unhealthy products to children and young people. Each group should share their ideas with the rest of the class.

### Adaptive teaching

Adaptation for setting, SEND etc. Provide support to keep pupils on task. Reduce content as required. Use of video may be preferable to reading for some pupils.

### Assessment

You can assess the children's grasp of the learning intentions through:

- Their contributions to class and group discussions (you could record a sample of these in a floor book).
- The answers provided when completing individual work or group feedback in the activities.
- The extension task

Results of true/false quiz

### Connected learning

Make links between peer pressure, healthy choices, tobacco education, other substances. Respect and negotiation skills.

### Assessment

#### How Are You? - pupil voice

If you have completed our 'How Are You?' pupil voice survey you may wish to include the data about vaping here.

### International schools

There may be specific contextual examples that you wish to make the content more appropriate or relevant to your setting. E.g. different legislation. All material can be edited.

## Curriculum codes, skills & values

**RSHE:**

R14 H16 H25

**SMSC:**

Social  
Cultural

**PSHE Association (framework):**

H3 H46 H49

**Fundamental British Values:**

Rule of law